



## Programmes and Policies for Tribal Development

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### Abstract

This paper explores the programmes and policies designed for the development of tribal communities in India. It provides an in-depth analysis of historical contexts, current policies, challenges, and their effectiveness. The study observes key areas such as education, healthcare, economic development, and cultural preservation. Highlighting successful practices and identifying gaps, this paper suggests recommendations to enhance the socio-economic conditions of tribal populations, emphasizing the importance of inclusive and culturally sensitive methods.

**Keywords:** Programme, Policies, Challenges, Effectiveness, Development, Preservation.

### 1. Introduction

Tribal communities in India comprise an important portion of the country's population, yet they remain among the most marginalized and underserved groups. These communities face many challenges, including geographic isolation, economic disadvantages, and social segregation. Over the years, the Indian government has introduced various programmes and policies expected to improve the living conditions of tribal populations. This paper explores the historical development, assesses current policies, and identifies the challenges and successes of these initiatives. Furthermore, it suggests strategies to enhance the effectiveness of tribal development programmes, ensuring sustainable and equitable growth. [1]

### 2. Historical Context of Tribal Development

Tribal communities have historically been marginalized due to their geographic isolation and socio-economic disadvantages. This section provides

an overview of the pre-independence and post-independence eras, highlighting key historical events and policies that have shaped the current state of tribal development. [6]

#### 2.1. Pre-Colonial Period

##### 2.1.1. Isolation and Self-Sufficiency

- Tribal communities traditionally lived in isolated regions, often in forests and hilly areas, practicing subsistence agriculture, hunting, and gathering.
- They had their own social, economic, and political systems, which were largely self-sufficient and independent of the mainstream society.

##### 2.1.2. Cultural Richness

- Tribes had rich cultural traditions, languages, and knowledge systems, which were integral to their identity and way of life.



## 2.2. Colonial Period (1757-1947)

### 2.2.1. British Policies and Exploitation

- The British colonial administration introduced policies that disrupted tribal life, including land revenue systems and forest laws that restricted access to traditional lands and resources.
- Misuse of natural resources by the British, such as timber and minerals, led to the displacement of many tribal communities.

### 2.2.2. Revolts and Resistance

- Tribal communities resisted colonial exploitation through various uprisings, such as the Santhal Rebellion (1855-1856), the Munda Rebellion (1899-1900), and the Birsa Munda movement.
- These revolts were significant as they highlighted the tribes' resistance to external control and their desire to protect their land and culture.

### 2.2.3. Introduction of Missionary Work

- Christian missionaries entered tribal areas, providing education and healthcare, but also leading to cultural changes and conversions that impacted traditional tribal practices.

## 2.3. Post-Independence Period (1947-Present)

### 2.3.1. Constitutional Provisions

- The Indian Constitution recognized the unique status of tribal communities, providing special protections and rights under the Fifth and Sixth Schedules.
- The Fifth Schedule protects the administration and control of Scheduled Areas and Scheduled Tribes in any state except Assam, Meghalaya, Tripura, and Mizoram, while the Sixth Schedule relates to the self-governing district councils in the North-Eastern states.

### 2.3.2. Tribal Sub-Plan (TSP) and Integrated Tribal Development Projects (ITDP)

- The TSP was introduced in the Fifth Five-Year Plan (1974-1979) to ensure the flow of targeted financial resources for tribal development.
- ITDPs aimed at holistic development of tribal areas through infrastructure development, education, healthcare, economic opportunities.

### 2.3.3. Forest Rights Act (2006)

- The Scheduled Tribes and Other Traditional Forest Dwellers (Recognition of Forest Rights) Act, 2006, known the rights of forest-dwelling tribal communities to land and resources, directing to correct historical injustices.

### 2.3.4. Panchayats (Extension to Scheduled Areas) Act (PESA) 1996

- PESA extended the provisions of Part IX of the Constitution relating to Panchayats to Scheduled Areas, authorizing Gram Sabhas (village assemblies) to manage local resources and governance.

### 2.3.5. Education Initiatives

- Post-independence, various educational schemes like the establishment of Eklavya Model Residential Schools and Ashram Schools were launched to improve educational outcomes among tribal children.

### 2.3.6. Healthcare Policies

- Government initiatives such as the National Health Mission included targeted health interventions in tribal areas to address issues like malnutrition, motherly and child health, and contagious diseases.

### 2.3.7. Economic Development

- Programmes like the Mahatma Gandhi National Rural Employment Guarantee Act (MGNREGA) provided employment opportunities, although various skill development initiatives intended to enhance employability among tribal youth.

### 2.3.8. Cultural Preservation

- Efforts to document and promote tribal languages, arts, and traditions gained momentum, recognizing the importance of preserving cultural heritage along with socio-economic development.

## 2.4. Contemporary Issues and Developments

### 2.4.1. Continued Marginalization

- Despite various policies, many tribal communities continue to face socio-economic disadvantages, including poverty, lack of education, and inadequate healthcare.



- Displacement due to development projects and mining activities remains a critical issue.

#### **2.4.2. Political Representation**

- Increased political representation through reserved seats in Parliament and state legislatures has empowered some tribal leaders to advocate for their communities, but challenges persist in effective governance and representation.

#### **2.4.3. NGO and Civil Society Engagement**

- Non-governmental organizations and civil society groups play a crucial role in advocating for tribal rights, implementing development projects, raising awareness about tribal issues.

#### **2.4.4. Recent Policy Initiatives**

- Recent initiatives like the Van Dhan Vikas Yojana aim to enhance livelihood opportunities through the value addition of forest produce, while the digital inclusion efforts focus on bridging the digital divide in tribal areas.

### **3. Government Policies and Programmes:**

The Indian government has implemented various policies and programmes aimed at improving the socio-economic conditions of tribal communities. These initiatives span multiple sectors, including education, healthcare, economic development, and cultural preservation.

#### **3.1. Education**

##### **3.1.1. Sarva Shiksha Abhiyan (SSA)**

- To achieve universal elementary education for children aged 6-14 years.
- Free and compulsory education for all children.
- Focus on reducing gender and social category gaps in education.
- Special provisions for tribal children, including residential schools and hostels.

##### **3.1.2. Eklavya Model Residential Schools (EMRS)**

- To deliver quality education to tribal children from Class VI to XII.
- Residential schools with modern facilities.
- Emphasis on academic excellence, sports, and cultural activities.
- Located in tribal-dominated areas to ensure accessibility.

#### **3.1.3. Post-Matric Scholarships**

- To support tribal students in pursuing higher education.
- Financial assistance for tuition fees, maintenance, and other educational expenses.
- Applicable to students from Class XI onwards.
- Covers various streams, including technical and professional courses.

### **3.2. Healthcare**

#### **3.2.1. National Health Mission (NHM)**

- To improve healthcare delivery across rural and urban India, with a special focus on tribal areas.
- Strengthening of primary healthcare infrastructure.
- Special health programmes for maternal and child health, nutrition, and communicable diseases.
- Mobile medical units and health camps in remote tribal areas.

#### **3.2.2. Ayushman Bharat**

- To provide health insurance coverage to economically vulnerable families.
- Broadcasting up to INR 5 lakhs per family per year for secondary and tertiary care hospitalization.
- Cashless and paperless access to health services.
- Empanelled hospitals across the country, including tribal areas.

#### **3.2.3. Tribal Health Action Plan**

- To address specific health challenges faced by tribal communities.
- Focus on reducing malnutrition, anemia, and maternal and child mortality.
- Training of healthcare workers in tribal areas.
- Community-based interventions and health education.

### **3.3. Economic Development**

#### **3.3.1. Tribal Sub-Plan (TSP)**

- To confirm the allocation of targeted financial resources for the socio-economic development of tribal areas.
- Allocation of funds in proportion to the tribal population in each state.



- Integrated approach to development, covering infrastructure, education, health, and livelihood.

- Monitoring and evaluation of outcomes.

### **3.3.2. Skill Development Initiatives**

- To enhance the employability and entrepreneurial skills of tribal youth.
- Vocational training programmes tailored to local market needs.
- Collaboration with industries and training institutes.
- Support for self-employment and small enterprises.

### **3.3.3. Microfinance Schemes**

- To provide financial support for entrepreneurial activities among tribal communities.
- Access to credit and financial services through self-help groups (SHGs) and microfinance institutions.
- Support for income-generating activities such as agriculture, handicrafts, and small businesses.
- Capacity-building and financial literacy programmes.

## **3.4. Cultural Preservation**

### **3.4.1. Protection of Tribal Languages and Culture**

- To preserve and promote tribal languages, arts, and traditions.
- Documentation and publication of tribal languages and folklore.
- Support for cultural festivals, exhibitions, and workshops.
- Scholarships and fellowships for research in tribal culture.

### **3.4.2. Support for Tribal Artisans**

- To sustain and promote traditional tribal crafts and arts.
- Training and capacity-building programmes for tribal artisans.
- Marketing support through exhibitions, fairs, and e-commerce platforms.
- Financial assistance for raw materials and infrastructure.

## **3.5. Legal and Administrative Measures**

### **3.5.1. Forest Rights Act (2006)**

- To recognize the rights of forest-dwelling tribal communities to land and resources.
- Individual and community rights over forest land and resources.
- Protection against eviction and displacement.
- Community rights to manage and protect forests. [2-5]

### **3.5.2. Panchayats (Extension to Scheduled Areas) Act (PESA) 1996**

- To encompass the provisions of Part IX of the Constitution relating to Panchayats to Scheduled Areas.
- Empowerment of Gram Sabhas (village assemblies) in tribal areas.
- Control over local resources, including land, water, and forests.
- Decision-making authority on social and economic development matters.

## **3.6. Recent Policy Initiatives**

### **3.6.1. Van Dhan Vikas Yojana**

- To enhance livelihood opportunities through the value addition of forest produce.
- Formation of Van Dhan Vikas Kendras (VDVKs) for processing, packaging, and marketing forest produce.
- Skill development and capacity-building for tribal gatherers.
- Financial support and market linkages.

### **3.6.2. Digital Inclusion Efforts**

- To bridge the digital divide in tribal areas.
- Expansion of digital infrastructure, including internet connectivity and digital literacy programmes.
- E-governance initiatives to provide access to government services.
- Promotion of digital education and e-learning platforms.

## **4. Challenges in Implementation for Tribal Development**

Despite the numerous policies and programmes designed to uplift tribal communities, several



challenges impede their effective implementation. These challenges are multifaceted and require a comprehensive approach to address them effectively. Below are the key challenges in the implementation of tribal development initiatives:

#### 4.1. Geographic Isolation and Infrastructure Deficits

- **Remote Locations:** Many tribal communities reside in geographically isolated and difficult-to-reach areas, such as forests, hills, and remote villages. This isolation hampers the delivery of government services and access to essential facilities.
- **Poor Infrastructure:** Inadequate infrastructure, including roads, transportation, electricity, and water supply, further complicates the implementation of development programmes. Limited connectivity affects education, healthcare, and economic opportunities.

#### 4.2. Administrative and Bureaucratic Inefficiencies

- **Complex Procedures:** The bureaucratic procedures for accessing benefits and services are often complex and cumbersome, making it difficult for tribal individuals to navigate the system.
- **Coordination Issues:** Lack of coordination among various government departments and agencies leads to fragmented and inefficient implementation of policies and programmes.
- **Corruption and Mismanagement:** Instances of corruption, mismanagement of funds, and lack of accountability undermine the effectiveness of development initiatives.

#### 4.3. Lack of Community Participation and Ownership

- **Top-Down Approach:** Many development programmes are designed and implemented in a top-down manner, without adequate involvement of the tribal communities. This leads to a lack of ownership and sustainability.
- **Cultural Insensitivity:** Programmes often fail to take into account the cultural specificities and traditional knowledge of tribal communities,

resulting in resistance and low participation.

#### 4.4. Cultural Barriers and Discrimination

- **Social Exclusion:** Tribal communities often face social exclusion and discrimination from mainstream society, which affects their access to education, healthcare, and employment opportunities.
- **Language Barriers:** Many tribal communities have their own languages, and the lack of educational and informational resources in these languages poses a significant barrier to their development.

#### 4.5. Economic Challenges

- **Poverty and Unemployment:** High levels of poverty and unemployment among tribal communities limit their ability to benefit from development programmes. Economic insecurity also affects their health, education, and overall well-being.
- **Dependence on Traditional Livelihoods:** Many tribal communities depend on traditional livelihoods such as agriculture, forestry, and handicrafts, which are often not sustainable or adequately supported by modern economic policies.

#### 4.6. Health Issues

- **High Disease Burden:** Tribal communities suffer from a high burden of diseases, including malnutrition, anemia, malaria, and tuberculosis. Limited contact to healthcare services exacerbates these issues.
- **Inadequate Health Infrastructure:** Lack of healthcare facilities, trained medical personnel, and essential medicines in tribal areas hinders the effective delivery of health services.

#### 4.7. Education Barriers

- **Low Literacy Rates:** Literacy rates among tribal communities are significantly lower compared to the national average, affecting their ability to admit and benefit from educational opportunities.
- **High Dropout Rates:** Economic pressures, cultural factors, and inadequate school infrastructure contribute to high dropout rates



among tribal children, particularly at the secondary and higher education levels.

#### 4.8. Land and Resource Rights

- **Land Alienation:** Tribal communities often face issues related to land alienation and displacement due to development projects, mining, and industrial activities. The execution of the Forest Rights Act (2006) has been slow and uneven.
- **Resource Depletion:** Overexploitation of natural resources by external entities leads to resource depletion, affecting the traditional livelihoods and ecological balance of tribal areas.

#### 4.9. Political and Legal Challenges

- **Lack of Political Representation:** Inadequate political representation and participation in decision-making processes limit the ability of tribal communities to advocate for their rights and interests.
- **Legal Framework Issues:** Weak enforcement of existing laws and policies designed to protect tribal rights, along with legal ambiguities, pose significant challenges to effective implementation.

#### 5. Strategies to Address These Challenges

To overcome these challenges, a multifaceted and inclusive approach is required:

- **Improving Infrastructure:** Invest in infrastructure development, including roads, healthcare facilities, schools, and digital connectivity, to enhance accessibility and service delivery in tribal areas.
- **Simplifying Administrative Processes:** Streamline administrative procedures and improve coordination among various departments to ensure efficient and transparent implementation of programmes.
- **Enhancing Community Participation:** Foster greater involvement of tribal communities in the planning and execution of development programmes, ensuring their voices are heard and respected.
- **Cultural Sensitivity:** Design culturally sensitive policies that respect and integrate traditional

knowledge and practices of tribal communities.

- **Addressing Economic Issues:** Provide targeted economic support, skill development, and employment opportunities to reduce poverty and unemployment among tribal populations.
- **Strengthening Health Services:** Improve healthcare infrastructure, increase the availability of medical personnel, and implement targeted health interventions to address specific health issues in tribal areas.
- **Promoting Education:** Enhance educational infrastructure, provide scholarships and incentives, and develop curriculum and resources in tribal languages to improve literacy and reduce dropout rates.
- **Ensuring Land and Resource Rights:** Strengthen the implementation of the Forest Rights Act and other legal frameworks to protect the land and resource rights of tribal communities.
- **Increasing Political Representation:** Encourage greater political representation and participation of tribal communities in local and national governance.
- **Legal Reforms and Enforcement:** Ensure robust enforcement of existing laws and policies, and address legal ambiguities to protect and promote tribal rights effectively.

#### 6. Effectiveness of Existing Policies in Tribal Development

The effectiveness of existing policies in tribal development varies across different sectors and regions. While there have been notable successes, several gaps and areas needing improvement remain. This section evaluates the effectiveness of key policies and programmes in education, healthcare, economic development, and cultural preservation, highlighting successful initiatives and identifying areas for enhancement.

##### 6.1. Education

###### 6.1.1. Sarva Shiksha Abhiyan (SSA)

- **Successes:** Increased enrollment rates in primary education among tribal children. Establishment of residential schools and hostels for tribal



students, reducing dropout rates.

- **Challenges:** Quality of education remains a concern, with a shortage of trained teachers and inadequate infrastructure in many tribal areas. High dropout rates persist at the secondary and higher education levels due to economic pressures and cultural factors.

#### 6.1.2. Eklavya Model Residential Schools (EMRS)

- **Successes:** Improved access to quality education for tribal students, with many EMRS alumni pursuing higher education and professional careers. Focus on holistic development, including academics, sports, and cultural activities.
- **Challenges:** Limited number of schools compared to the demand, leading to inadequate coverage. Maintenance and operational challenges in some schools, affecting the quality of education and living conditions.

#### 6.1.3. Post-Matric Scholarships

- **Successes:** Financial assistance has enabled many tribal students to pursue higher education, including technical and professional courses.
- **Challenges:** Delays in the disbursement of scholarships and bureaucratic hurdles reduce the effectiveness of the programme. Lack of awareness and access to information about scholarship opportunities among tribal communities.

### 6.2. Healthcare

#### 6.2.1. National Health Mission (NHM)

- **Successes:** Improvement in healthcare infrastructure and services in many tribal areas. Decrease the maternal and child mortality rates through targeted health interventions.
- **Challenges:** Persistent gaps in healthcare delivery due to a shortage of medical personnel and inadequate facilities. High prevalence of malnutrition, anemia, and communicable diseases among tribal populations.

#### 6.2.2. Ayushman Bharat

- **Successes:** Increased access to secondary and tertiary healthcare for economically vulnerable

tribal families. Cashless and paperless access to health services has reduced out-of-pocket expenses.

- **Challenges:** Awareness and utilization of the scheme remain low in many tribal areas. Empanelment of hospitals and quality of care in tribal regions need improvement.

#### 6.2.3. Tribal Health Action Plan

- **Successes:** Focused interventions have addressed specific health challenges in tribal communities.
- **Challenges:** Implementation and reach of the action plan vary across regions, leading to inconsistent outcomes. Need for better community involvement and culturally suitable health education.

### 6.3. Economic Development

#### 6.3.1. Tribal Sub-Plan (TSP)

- **Successes:** Important financial resources allocated for the socio-economic development of tribal areas. The integrated development approach covers infrastructure, education, health, and livelihood.
- **Challenges:** Inefficiencies in fund utilization and lack of transparency in implementation. Discrepancies in the allocation of funds across states and regions, leading to uneven development.

#### 6.3.2. Skill Development Initiatives

- **Successes:** Vocational training and skill development programmes have improved employability among tribal youth. Collaboration with industries has created employment opportunities.
- **Challenges:** Limited coverage and outreach of skill development programmes. Mismatch between training provided and local job market requirements.

#### 6.3.3. Microfinance Schemes

- **Successes:** Enhanced access to credit and financial services for tribal entrepreneurs. Support for income-generating activities, including agriculture and handicrafts.
- **Challenges:** Limited financial literacy and



capacity-building support for tribal beneficiaries. Challenges in repayment and sustainability of microfinance schemes.

## 6.4. Cultural Preservation

### 6.4.1. Protection of Tribal Languages and Culture

- **Successes:** Documentation and promotion of tribal languages and cultural practices. Support for cultural festivals and exhibitions has increased awareness and preservation efforts.
- **Challenges:** Insufficient resources and institutional support for comprehensive cultural preservation. Rapid modernization and external effects threaten traditional cultural practices.

### 6.4.2. Support for Tribal Artisans

- **Successes:** Training and marketing support have helped sustain traditional crafts and improve livelihoods. Enhanced visibility and market access for tribal products through exhibitions and e-commerce platforms.
- **Challenges:** Limited reach of support programmes, with many artisans still facing challenges in accessing markets and resources. Need for better infrastructure and financial support for artisan cooperatives and enterprises.

## 7. Case Studies of Successful Initiatives

### 7.1. Education

Ashram Schools in Maharashtra: These schools have successfully provided education and holistic development to tribal children, reducing dropout rates and improving educational outcomes.

### 7.2. Healthcare

Madhya Pradesh's Mobile Medical Units: These units have significantly improved healthcare access in remote tribal areas, providing essential services and reducing health disparities.

### 7.3. Economic Development

Odisha's Skill Development Programmes: Collaboration with industries has created employment opportunities for tribal youth, enhancing their socio-economic status.

### 7.4. Cultural Preservation

Jharkhand's Tribal Language Promotion: Initiatives to document and promote tribal languages have

strengthened cultural identity and preservation efforts.

## 8. Areas Needing Improvement

1. **Implementation Gaps:** Addressing the inefficiencies and bureaucratic hurdles in policy implementation to ensure timely and effective delivery of services.
2. **Community Participation:** Enhancing the involvement of tribal communities in the planning and execution of development programmes to ensure ownership and sustainability.
3. **Cultural Sensitivity:** Designing culturally appropriate policies and interventions that respect and integrate traditional knowledge and practices.
4. **Infrastructure Development:** Investing in infrastructure to improve accessibility and service delivery in remote tribal areas.
5. **Monitoring and Evaluation:** Strengthening monitoring and evaluation mechanisms to assess the impact of policies and programmes and make necessary adjustments.

## 9. Proposing Solutions for Enhanced Outcomes

Based on the analysis, this section proposes recommendations for enhancing the effectiveness of tribal development programmes. Suggested solutions include:

- Improved infrastructure and connectivity.
- Strengthened local governance and community involvement.
- Culturally subtle policy design and implementation.
- Enhanced intensive care and evaluation mechanisms.

## Conclusion

Tribal development is a complex and multilayered challenge requiring a holistic and inclusive approach. While substantial progress has been made, determined issues demand continued attention and innovation. By adopting more participatory and culturally aware strategies, policymakers can better address the unique needs of tribal communities, fostering sustainable and equitable development.



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