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# A Study of Sustainable HR Practices in Banking Sector in Hyderabad City

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#### **Abstract**

The study explores the adoption and impact of sustainable Human Resource (HR) practices in the banking sector in Hyderabad City. With sustainability becoming increasingly important in corporate strategies, this research aims to assess how banks in Hyderabad are integrating sustainable HR practices into their operations. A sample of 20 banks was selected, and data was collected from 100 employees across various levels and departments. The study focuses on key aspects such as recruitment, training and development, employee well-being, environmental responsibility, and corporate social responsibility (CSR). The findings reveal that while many banks have initiated steps toward sustainable HR practices, there is significant variation in the depth and effectiveness of these practices across different institutions. Key challenges include a lack of comprehensive policies, limited employee engagement, and the need for more robust training programs. The study concludes that while the banking sector in Hyderabad is moving toward sustainability, there is a need for more consistent and integrated approaches to fully realize the benefits of sustainable HR practices. Recommendations include enhancing employee awareness, developing clear sustainability goals, and fostering a culture of continuous improvement in HR practices to support long-term sustainability in the banking sector.

**Keywords:** Sustainable HR Practices; Banking Sector; Bank Employees

#### 1. Introduction

Sustainable Human Resource (HR) practices have emerged as a crucial component of corporate strategies in recent years, driven by the growing recognition of sustainability's importance in ensuring long-term business success. The integration of sustainability into HR practices involves a holistic approach that not only addresses traditional HR functions such as recruitment, training, and employee relations but also incorporates environmental responsibility, ethical practices, and social equity. In the context of the banking sector, which plays a vital role in economic development and societal wellbeing, the adoption of sustainable HR practices is particularly significant. Sustainable Human Resource (HR) practices have gained prominence in India as organizations increasingly recognize the need to integrate sustainability into their core operations. In the Indian context, sustainable HR practices encompass a range of activities aimed at promoting environmental stewardship, social equity, and longterm economic viability. As the banking sector plays a pivotal role in the country's economic development, there is a growing emphasis on embedding sustainability into HR functions to enhance organizational performance and contribute to broader societal goals. Banks, as financial intermediaries, have a profound influence on the economy and society at large. Their operations impact not only their employees and customers but also the broader community and environment. As such, the banking sector is increasingly being held accountable for its social and environmental footprint. This has led to a growing emphasis on embedding sustainability into every aspect of banking operations, including HR practices. Sustainable HR practices in banks encompass a wide range of activities, from promoting diversity and inclusion to implementing environmentally friendly workplace policies. fostering employee well-being, and encouraging participation in corporate social responsibility (CSR)

3378



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Issue:11 November 2024 Page No: 3378-3383

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initiatives. This study focuses on the adoption of sustainable HR practices within the banking sector in Hyderabad City, aiming to assess their effectiveness and impact on both employees and organizational outcomes. Through this research, the study contributes to the growing discourse on sustainability in the Indian banking sector. [1]

## 2. Significance of the Study

The significance of this study lies in its exploration of sustainable HR practices within the banking sector, particularly in Hyderabad City. As increasingly recognize the importance sustainability, understanding how HR practices contribute to long-term success is crucial. This study provides valuable insights into the current state of sustainable HR practices, identifies challenges, and offers recommendations for improvement. By highlighting the role of HR in promoting environmental responsibility, employee well-being, and ethical practices, this research contributes to the discourse on sustainability and implementation in the financial services industry. [2]

#### 3. Review of Literature

In a study by Rani and Mishra (2018), the authors explored the strategic implementation of sustainable HR practices in Indian banks. The research focused on how banks in India are integrating sustainability into their HR functions, including recruitment, training, and employee engagement. The study found that while many banks have begun adopting sustainable practices, these efforts are often fragmented and lack a comprehensive approach. The authors emphasized the need for a strategic framework that aligns HR practices with broader sustainability goals, suggesting that such alignment could enhance organizational performance and employee satisfaction. The research by Verma and Singh (2020) examined the concept of Green Human Resource Management (Green HRM) in the Indian banking sector. The study focused on the adoption of environmentally friendly HR practices, such as reducing paper usage, promoting communication, and implementing energy-saving initiatives. The authors found that Green HRM practices were increasingly being adopted by Indian banks, driven by both regulatory requirements and a

awareness of environmental issues. growing However, the study also highlighted challenges, such as limited employee awareness and the need for more robust training programs to fully embed these practices. Jabbour and Santos (2008) explored the integration of sustainability into Human Resource Management (HRM) and emphasized the growing need for HR practices that align with environmental, social, and economic sustainability goals. Their review highlights the role of HRM in fostering a of sustainability through employee culture engagement, training, and development. The authors argue that sustainable HRM can significantly enhance organizational performance by aligning employee behavior with sustainability objectives. Renwick et al. (2013) examined the concept of Green HRM, focusing on how HR practices can support management initiatives environmental organizations. Their study identifies key practices such as green recruitment, training, and performance management that contribute to reducing an organization's environmental footprint. The authors conclude that Green HRM practices are essential for organizations seeking to achieve long-term sustainability and competitive advantage. Guerci and Pedrini (2014) investigated the relationship between sustainable HRM and employee well-being, arguing that HR practices focused on sustainability can lead to improved job satisfaction and reduced turnover. The study highlights the importance of work-life balance, health and safety, and fair treatment as key components of sustainable HRM that contribute to overall organizational sustainability. Jackson et al. (2011) explored the challenges organizations face when implementing sustainable HR practices, such as resistance to change, lack of awareness, and insufficient resources. The authors emphasize the need for a strategic approach to HRM that integrates sustainability into core business functions. They suggest that overcoming these challenges requires strong leadership, clear communication, continuous employee engagement. [3]

#### 4. Methodology

The present study has based descriptive type of research method. Researcher has use primary as well as secondary sources of data. The primary data has

3379



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Issue:11 November 2024 Page No: 3378-3383

collected through questionnaire, the the questionnaires distributed into 100 bank employees; this study focuses on the adoption and effectiveness of sustainable HR practices within the banking sector in Hyderabad City. By examining a sample of 20 banks and collecting data from 100 employees across various levels. The secondary sources of data generation include the use of textbooks written by numerous authors on the subject, journals, magazines, information on the Internet, and other published and unpublished materials related to the work. [4]

### 4.1 Objectives of the Study

- To Assess the Adoption of Sustainable HR Practices in the Banking Sector in Hyderabad City.
- To Analyze the Impact of Sustainable HR Practices on Employee Satisfaction and Organizational Performance.
- To Identify the Challenges and Opportunities in Implementing Sustainable HR Practices in Banks.

### 5. Results and Discussions

The results and discussions section explore the implementation and impact of sustainable HR practices in the banking sector, analyzing survey data to identify key trends, challenges, and outcomes, and providing insights into the effectiveness of these initiatives.

Table 1 Bank defined policies that promote sustainable HR practices

Response	No of	Percentage
	respondents	
Yes	46	46.00
Partially	22	22.00
No	19	19.00
Not Sure	13	13.00
Total	100	100
		(100.00)

Source: field survey The data in Table 1 presents the responses of 100 individuals regarding whether their bank has defined policies that promote sustainable HR practices. A significant majority,

46% of respondents, affirmed that their bank has implemented such policies, indicating a positive trend towards sustainability in human resource management within the banking sector. This reflects a growing awareness and commitment to sustainable practices, which could include diversity inclusion initiatives, employee well-being programs, and environmentally friendly workplace policies. However, 22% of respondents indicated that their banks only partially have these policies in place. This suggests that while there is some progress, there is still room for improvement in fully integrating sustainable HR practices across all banking institutions. On the other hand, 19% of respondents stated that their bank does not have any defined sustainable HR policies. This highlights a gap that needs to be addressed to ensure that sustainability becomes a standard practice across the industry. Lastly, 13% of respondents were unsure about the existence of such policies, indicating a possible lack of communication or awareness within their organizations. Overall, while there is a positive trend, the data suggests the need for broader and more comprehensive adoption and communication of sustainable HR practices in the banking sector. Table 2 presents the data on the active implementation of various sustainable HR practices within banks. The data shows that environmentally friendly workplace initiatives, such as paperless processes and energy conservation, are the most commonly implemented, with 64% of respondents indicating their presence. This suggests a strong emphasis on environmental sustainability in the banking sector, reflecting efforts to reduce the carbon footprint and promote eco-friendly practices. Employee health and wellness programs are implemented by 28% of respondents, indicating a moderate focus on the well-being of employees. This is crucial for maintaining a healthy and productive workforce, though there is potential for broader implementation. Diversity and inclusion policies are noted by 18% of respondents, indicating that while some banks are addressing these critical areas, there is significant room for improvement. Emphasizing diversity and inclusion can lead to a more equitable workplace and better decision-

3380



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e ISSN: 2584-2854

Page No: 3378-3383

making. Sustainable talent acquisition and retention strategies are actively implemented by 34% of respondents. This indicates that a third of the banks are focused on attracting and retaining talent through sustainable practices, which is essential for longterm organizational success. Corporate social responsibility (CSR) activities involving employees are reported by 43% of respondents, reflecting a substantial engagement in CSR efforts, which can

enhance the bank's social impact and employee morale. Lastly, 12% of respondents mentioned other sustainable HR practices, suggesting a variety of additional initiatives being undertaken, though these are less common. Overall, the data shows a varied adoption of sustainable HR practices, with some areas being more widely implemented than others, highlighting opportunities for further enhancement in the banking sector. [5-7]

Table 2 Sustainable HR Practices Are Actively Implemented in Bank

Sustainable HR practices	No of respondents (f)	Percentage	
Environmentally friendly workplace initiatives	64	64.00	
(e.g., paperless processes, energy conservation)			
Employee health and wellness programs	28	28.00	
Diversity and inclusion policies	18	18.00	
Sustainable talent acquisition and retention	34	34.00	
strategies			
Corporate social responsibility (CSR) activities	43	43.00	
involving employees			
Others	12	12.00	
Total n= 100 (100.00)			

Table 3 Result of Implementing Sustainable HR Practices in Bank

Changes	No of respondents (f)	Percentage
Yes, significant positive changes	57	57.00
Yes, minor positive changes	22	22.00
No noticeable changes	11	11.00
Negative changes observed	6	6.00
Not Sure	4	4.00
Total	100	100.00

Source: field survey Table 3 presents the outcomes of implementing sustainable HR practices in banks as perceived by respondents. A majority, 57%, reported significant positive changes resulting from these This suggests that sustainable HR practices. initiatives largely effective, leading are improvements such as enhanced employee satisfaction, better workplace environments, and increased organizational efficiency. Additionally, 22% of respondents observed minor positive changes, indicating that while the impact may not be as profound, these practices still contribute positively to the workplace. This

highlights the incremental benefits that even smallscale sustainable HR practices can bring. However, 11% of respondents reported no noticeable changes, suggesting that the impact of sustainable HR practices might vary depending on implementation or organizational context. A small proportion, 6%, even observed negative changes, which could indicate the execution or challenges in unintended consequences of these practices. Lastly, 4% of respondents were unsure about the impact, indicating a potential lack of awareness or communication regarding the outcomes of sustainable HR practices within their organizations.



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**Table 4 Status of Implementing Sustainable HR Practices** 

S.NO	Status	Yes	No	Total
1.	Are there programs in place to develop employees' understanding of sustainable practices in banking?	83 (83.00)	17 (17.00)	100 (100.00)
2.	Does your bank offer flexible work arrangements to support work-life balance?	91 (91.00)	9 (9.00)	100 (100.00)
3.	Does your bank provide health and wellness programs for employees?	87 (87.00)	13 (13.00)	100 (100.00)
4.	Does your bank have policies in place to reduce its environmental footprint (e.g., reducing paper use, energy-saving initiatives)?	93 (93.00)	7 (7.00)	100 (100.00)

Source: field survey Note: Figure in the bracket denoted percentage of row total. The data in Table 4 illustrates the status of implementing sustainable HR practices in banks, with a strong majority indicating positive adoption across various initiatives. Specifically, 93% of respondents reported that their banks have policies to reduce environmental footprints, 91% confirmed the availability of flexible work arrangements to support work-life balance, and

87% acknowledged the presence of health and wellness programs. Additionally, 83% noted that there are programs in place to develop employees' understanding of sustainable practices in banking. These findings suggest that most banks are actively incorporating sustainable HR practices, particularly in environmental sustainability and employee wellbeing, although there remains a small percentage of banks that have yet to implement these initiatives.

**Table 5 Primary Challenges Faces in Implementing Sustainable HR Practices** 

Primary challenges	No of respondents (f)	Percentage		
Lack of management support	35	35.00		
Insufficient funding/resources	21	21.00		
Limited employee awareness or training	38	38.00		
Resistance to change	29	29.00		
Regulatory or compliance issues	17	17.00		
Difficulty measuring impact	31	31.00		
No significant challenges	15	15.00		
Total n= 100 (100.00)				

Source: field surveyTable 5 outlines the primary challenges faced by banks in implementing sustainable HR practices. The most frequently reported challenge, cited by 38% of respondents, is limited employee awareness or training. This suggests that many employees may not fully understand the importance or methods of sustainable HR practices, highlighting the need for better education and training programs. Lack of management support is another significant challenge, faced by 35% of respondents. Without strong backing from leadership, sustainable HR initiatives may

struggle to gain traction or be effectively implemented. Resistance to change is cited by 29% of respondents, indicating that a substantial portion of the workforce may be reluctant to adopt new practices. This resistance can hinder the progress of sustainability efforts within the organization. Difficulty measuring impact is a concern for 31% of respondents, suggesting that some banks find it challenging to quantify the benefits or effectiveness of their sustainable HR practices, which can impede ongoing efforts and improvements. Insufficient funding or resources is noted by 21% of respondents,



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reflecting financial or resource constraints that limit the scope or quality of sustainable HR initiatives. Regulatory or compliance issues are also a challenge for 17% of respondents, indicating that legal or policy barriers may complicate implementation. Interestingly, 15% of respondents reported no significant challenges, suggesting that in some cases, sustainable HR practices can be implemented smoothly. Overall, the data highlights a range of challenges that banks must address to successfully integrate sustainable HR practices.

#### Conclusion

In conclusion, sustainable HR practices have the potential to bring about significant positive changes in the banking sector, but achieving this requires a concerted effort to address the challenges identified. This includes fostering a culture of sustainability, investing in employee education, and ensuring strong leadership commitment to these initiatives. The analysis of sustainable HR practices in the banking sector, based on the data provided, reveals a complex landscape where the adoption and impact of these practices vary significantly. While a majority of banks are making strides in implementing environmentally friendly workplace initiatives and other sustainable practices, challenges such as limited employee awareness, lack of management support, and resistance to change remain significant barriers. The observations indicate that when sustainable HR practices are effectively implemented, they can lead substantial positive changes within organization, including improved employee satisfaction and enhanced workplace environments. However, the success of these initiatives is often contingent upon adequate management support, sufficient resources, and comprehensive employee training. Challenges like difficulty in measuring impact and regulatory issues further complicate the sustainability journey for many banks. These hurdles suggest that while there is a clear recognition of the importance of sustainable HR practices, more needs to be done to overcome the barriers to their full implementation.

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